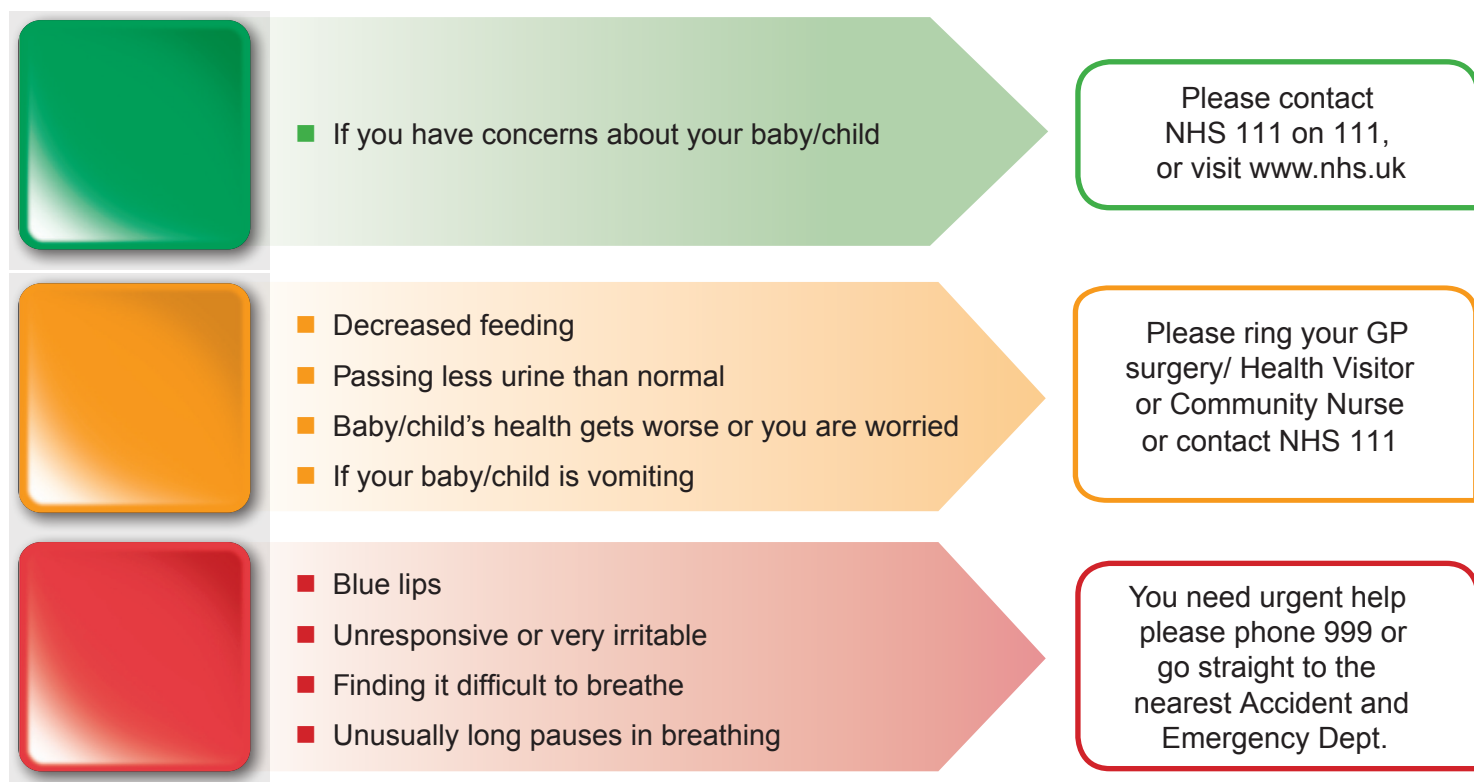


Bronchiolitis Advice Sheet for Babies/Children under 2 years

What is Bronchiolitis?

Bronchiolitis is an infectious disease when the tiniest airways in your baby/child's lungs become swollen. This can make it more difficult for your baby/child to breathe. Usually, bronchiolitis is caused by a virus. It is common in winter months and usually only causes mild cold like symptoms. Most babies/children get better on their own.

Some babies/children, especially very young ones, can have difficulty with breathing or feeding and may need to go to hospital.



Please turn over for advice, including a guide to the symptoms of Bronchiolitis

Bronchiolitis Advice Sheet for Babies/Children under 2 years

What are the symptoms?

- Your baby/child may have a runny nose and sometimes a temperature and a cough.
- After a few days your baby/child's cough may become worse.
- Your baby/child's breathing may be faster than normal and it may become noisy. He or she may need to make more effort to breathe.
- Sometimes, in the very young babies, Bronchiolitis may cause them to have brief pauses in their breathing.
- As breathing becomes more difficult, your baby may not be able to take the usual amount of milk by breast or bottle.
- You may notice fewer wet nappies than usual.
- Your baby/child may vomit after feeding and become irritable.